

Managing a Psychological Crisis in Schools

Primary and Secondary Focus – Leaders, Teachers and Mentors

Presented by **Dr. Michael Carr-Gregg**

PROGRAM OVERVIEW

“There are two types of schools: those who have faced a crisis and those who are about to.” - Dr Michael Carr-Gregg

A psychological crisis is a sudden, generally unanticipated event that profoundly and negatively affects a significant segment of the school population and often involves serious injury or death. Because we live in a society that is becoming increasingly complex and volatile, it is unlikely that any school will escape the necessity of responding to a significant psychological crisis.

It is essential for all schools to develop a crisis plan and equip its staff with the skills, knowledge and strategies to help at such times.

Experience shows that, when school personnel are prepared to deal with crisis, such incidents can be used to unite students and staff in building a confident and cohesive school community.

Be it sudden student, parent, staff deaths by accident or illness through to bush fires, suicides, motor vehicle accidents, homicides or abductions the reality is that generally such crises cannot be predicted. However, the good news is that the human response to such crises tends to be consistent and very predictable and we can implement a plan to defuse reactions and prevent the precipitation of a secondary crisis.

This one day seminar represents a crash course in psychological crisis management which functions as a time-limited, problem-focused intervention designed to identify, confront and resolve the crisis, restore equilibrium, and support appropriate adaptive responses.

This informative seminar will cover:

- a brief introduction to Crisis Intervention;
- how to respond to a crisis - including drawing up a crisis plan and forming crisis teams;
- an outline of the most common problems with crisis plans;
- the ABCs of Crisis Communication - How to listen, What to Say and How to React
- how to manage the media; and
- a list of resources to help with Crisis Intervention.

PRESENTER



Dr Michael Carr-Gregg is one of Australia's most high profile psychologists who has worked with many schools in crisis. He currently works as a consultant psychologist to the Victorian Association of Secondary School Principals and the Australian Boarding Staff. He has been an Associate Professor in the Department of Paediatrics at the University of Melbourne. Michael is a key figure in research, education and advocacy in adolescent mental health in Australia and a founding member of the National Coalition Against Bullying and CanTeen. He is a columnist for many publications including Girlfriend Magazine, Australian Doctor, The Herald Sun and regularly appears on Channel 7's top rating Sunrise program and as the program psychologist on Fairfax radio 3AW.

Date	City	Venue
Tuesday 26 October	Toowoomba	Toowoomba Grammar School
Wednesday 27 October	Brisbane	Novotel Brisbane
Friday 19 November	Geelong	Geelong Grammar

2010

26 October Toowoomba
27 October Brisbane
19 November Geelong

COST

\$330.00 (inc GST)
Cost includes morning tea and lunch.

TIME

9.00am Registration
9.30am – 3.30pm Workshop

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Register early to avoid disappointment

This document will be a TAX INVOICE for GST once payment is made. ABN 19 004 398 145

DATES & CITY

Tues 26 October Toowoomba Wed 27 October Brisbane

Fri 19 November Geelong

REGISTRATION

\$330.00 per person
(includes GST, morning tea
and lunch)

Please complete the registration details below. Confirmation notification will be by letter.

1 Name
Email

2 Name
Email

3 Name
Email

Organisation/School
Address
 State Postcode
Tel No () Fax ()
Email
Individual dietary requirements

Tick the box if you would like to receive regular email updates from ACER.

PAYMENT

By cheque or money order payable to **ACER**. Cheque enclosed for \$

By Credit Card Visa Mastercard American Express

Card Expiry Date / Signature

Name on card (please print)

Registrations are confirmed by receipt of a confirmation letter from **ACER**

Cancellation Policy

Cancellations made up to seven days prior to the workshop will receive a full refund. Cancellations less than seven days prior to the workshop will be charged full workshop fees.

Complete and forward this form to:

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